

“I Feel So Happy Being Set Free from Anthrophobia That Troubled Me for 40 Years”

Sister Yoko Miyoshi (Osaka Manmin Church in Japan)



attend a Handkerchief Healing Meeting being held in Osaka, Japan. She had prayed for my health. On the train from Tokyo to Osaka, I was filled with inexpressible emotions. I heard a voice three times from deep in my heart saying “I’ve been waiting for you”. The love of the Lord covered my whole body and I almost burst into tears.

I arrived at Osaka Manmin Church and I was singing in the congregation. The beautiful lyrics were so touching that I could not express my feeling and joy with words. “The heart given by God is a beautiful

JAPANESE). He was urging listeners to live by the Word written in the Bible. It impressed me quite strongly. I also felt his love when saw him shed tears while talking about the crucifixion of the Lord and dying souls. I was convinced that I can go to heaven if he is my shepherd.

I met the true Word of life, and in June 2011 I moved to Osaka to attend Osaka Manmin Church. Peace and joy I had never experienced before overflowed in my heart. In August I even visited Manmin Central Church in Seoul to participate in the Manmin Summer Retreat that was held for three days. I experienced the love of God greatly and came home.

I was set free from anthrophobia after my visit to Korea

On August 7, I was talking to my friend in church. All of a sudden, she cried saying “You are making eye contact with me!” For the past 40 years I had never been able to make direct eye contact with anyone. My heart was so stained by an inferiority complex and hatred that it made it impossible for me to look into others’ eyes while

talking with them. I used to think they hated me and were able to read my thoughts if I made eye contact with them, so I talked with my head down. But at this particular time I was making eye contact with my friend. It was amazing to both of us. I had a good look at her face for the first time and she looked very beautiful. I was set free completely from anthrophobia.

There is one thing I experienced in Korea that struck me at that time. On the third day of Manmin Summer Retreat, I paid a visit to Muan Sweet Water Site where salty sea water was changed into fresh sweet water by Dr. Lee’s earnest prayer. Many people in and out of Korea have visited the site. When I looked up at the sky, I felt the voice of the Lord who said ‘I know you are there.’ My heart pounded with His love and tears ran down my face without ceasing. I think God healed the scar in my heart and let me make eye contact with others.

I give thanks to the Lord who allowed me to realize what the true purpose of life is and how valuable my life is through the power of God and the love of God in the holiness gospel.

“Am I really a precious being?”

I was raised in difficult surroundings. I was easily hurt by other’s words due to my inferiority complex. I used to get angry often and blamed others. I knew it was not good for me but I repeated it again and again. To make matters worse, I was broken hearted seeing myself repeatedly thinking and acting like I did and I even felt guilt ridden because of it.

On August 6, 1978, I attended church. I had been evangelized and attended for the first time. At that time, I received a church leaflet where a Bible verse was written. It was Matthew 11:28 saying, “Come to Me, all who are weary and heavy-laden, and I will give you rest.” I thought the verse was there just for me and thought to myself, ‘I just can’t live like this anymore.’ I wanted to renew myself and finally accepted the Lord. I became a Christian.

To my surprise, afterwards, I no longer felt guilty. However, I couldn’t get rid of scar deep in my heart. I kept asking myself questions such as ‘Is it really a good thing for me to have been born on this earth?’ ‘Why can’t I just get back off this world?’ ‘Am I really a precious being to God?’ As I habitually attended church thinking like that, thirty years passed.

After I attended Handkerchief Healing Meeting in Osaka
In July 2010, I received a phone call from a friend who asked me to

heart. It’s the heart that understands and can accept anything. The heart given by God is a wonderful heart. It’s the heart void of ego and centered on truth. It’s the heart that willingly makes sacrifice. It’s the heart that insists not on itself. It’s the heart of the meekest and humblest of men. It’s the heart of our Savior and our Lord.”

I enjoyed every single word and came to long for such a beautiful and good heart. Speaker Pastor Guntae Kim, who ministers to Maizuru Manmin Church, preached the message and prayed for the sick with the handkerchief on which Dr. Jaerock Lee had prayed (Acts 19:11-12). Pastor Changmi Lee of Osaka Manmin Church also prayed for us. I felt peace like in the arms of Father God and I was filled with expectations for my life’s future.

Back in Tokyo, I realized the love of God once more. After the handkerchief prayer in Osaka, I was relieved and my backache that had troubled me for six years. It had gone away completely. Through such an experience I came to offer sincere thanks to God thinking “God definitely loves me and gives me blessings!” I was eventually set free from thoughts of darkness that had caused me to doubt my value.

Listening to Dr. Jaerock Lee’s messages

From that time on I listened to Dr. Jaerock Lee’s messages through Internet (www.manmin.or.kr/



“Without Operation, Urinary Stones Came Out with Flow of My Urine”

Deacon Insik Jeon
(12-1 Parish, 1-2 Men’s Mission)

Doctor’s Note:

If a urinary stone is as small as 4mm, it can sometimes be passed naturally. But Deacon Jeon had urinary stones as big as 6.5mm, so it was impossible for them to be passed naturally. They would have to be removed from his body by an operation. He should have had to undergo a procedure to break the stones with a shock wave, but he just relied on God and wanted to be healed with faith. He prayed drinking Muan Sweet Water. Three days after he drank the water, the stones came out in the flow of his urine. It is so amazing that it can’t be explained without acknowledging the work of God.



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The Fiery Works of the Holy Spirit in Republic of South Sudan!



At the Pastors’ Conference and Handkerchief Crusade held in Republic of South Sudan by Bishop Dr. Myongho Cheong, attendees gave thanks and glory to the living God who manifested many healing miracles and signs.

30,000 People Gathered in the Handkerchief Crusade with Bishop Dr. Myongho Cheong, Chairman of the Africa Assembly of United Holiness Church of Jesus Christ



Sudan is the biggest country in Africa. There is a religious and cultural gap that had caused constant conflicts in Sudan; between North Sudan, dominated by Arabs, and South Sudan where natives lived. After a civil war lasting 50 years, the Republic of South Sudan was separated from North Sudan and became independent in July, 2011.

However, they are still suffering from poverty and the aftermath of the long civil war. Those who had fled to North Sudan came back to their hometowns to gain freedom, but instead they returned to live in refugee camps without homes and food. Children there are dying of yellow fever and malaria.

By the request of Daniel Awet Akot, Deputy Speaker of South Sudan’s National Parliament, Pastors’ Conference and Handkerchief Crusade were held in the capital city, Juba with Bishop Dr. Myongho Cheong, chairman of the Africa Assembly of United Holiness Church of Jesus Christ.

On October 28, Bishop Dr. Cheong preached the message about God the Creator, Jesus Christ, and the ministry of Senior Pastor Dr. Jaerock Lee in Seminar Hall of the Parliament Building,

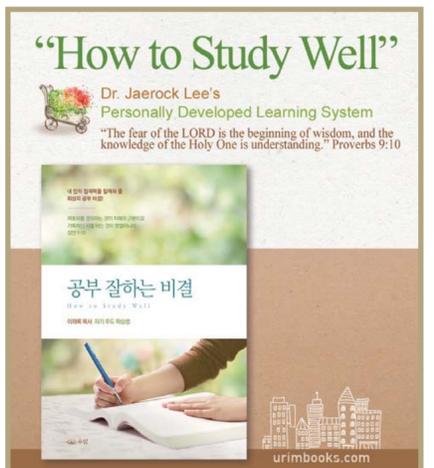
Republic of South Sudan where ministers and members of Parliament gathered. He prayed for their president and the people. On the same day, he gave a lecture on the Book of Job in a Pastors’ Conference held in Juba Christian Church. Through those events, many churches registered as branch and associative churches of Manmin Central Church.

On October 29th and 30th, a Handkerchief Crusade was held with thirty thousand attendees in total. Based on Acts 4:12 and Luke 5:1-9, Bishop Dr. Cheong emphasized that we can receive salvation only through Jesus Christ and experience the power of God when we repent. Then, he prayed for the sick with the handkerchief on which Dr. Jaerock Lee had prayed (Acts 19:11-12). Testimonies started flowing here and there as the blind came to see, the deaf to hear, and the mute to speak. The people who stood and held their walking canes, crutches and wheelchairs up in the air brought shouts of joy from other attendees. It was like a festival.

The people of Republic of South Sudan met the living God who works with the powerful works, and they saw the lights of peace and hope in the meetings. Deputy Speaker, Daniel sent an appreciation plaque to Dr. Jaerock Lee asking him to lead United Crusade in Republic of South Sudan.

Vietnamese Editions of *The Message of the Cross* and *My Life My Faith I, II* Published in Vietnam

Dr. Jaerock Lee’s autobiography, *My Life My Faith I, II* and his sermon book, *The Message of the Cross* were published in Socialist Republic of Vietnam under the official permission from its government. Pastor David Nam ministering to Ho Chi Minh Manmin Church in Vietnam stated, “It’s miraculous for Christian books to get publication permission from the government. I give glory to God and extend heartfelt thanks to Dr. Lee and Manmin members who have prayed for us.”



Justice, Mercy, and Faithfulness

“Woe to you, scribes and Pharisees, hypocrites! For you tithe mint and dill and cummin, and have neglected the weightier provisions of the law: justice and mercy and faithfulness; but these are the things you should have done without neglecting the others.” (Matthew 23:23)

At the time of Jesus the scribes and Pharisees kept not just the Law but also the traditions of the elders very strictly. They kept the law so strictly that in case of tithes, they counted even the leaves and stems of little vegetables. They studied the law and taught the people the law. Also, they boasted that they were keeping the commandments of God very well.

They studied the law to keep it literally, but they forsook justice, mercy, and faithfulness, which were the fundamental spirit of the law. Jesus openly pointed out their greed, dissipation, and lawlessness hidden in their hypocrisy and rebuked them for it. They did not repent, but stood against Jesus. They knew the law very well, but they did not understand the heart of God in giving them the law.

1. The Meanings of Justice, Mercy, and Faithfulness

Here, justice is to follow the thing that is right.

By outward appearances the Pharisees and scribes were very righteous according to the standards of the law. In their deeds they kept the commands of God very strictly. But inwardly, they always thought about how they could receive recognition and respect from the people. They were hypocritical because they only tried to appear to be righteous before men. Namely, their hearts were filled with unrighteousness.

Matthew 23:5-7 says, “But they do all their deeds to be noticed by men; for they broaden their phylacteries and lengthen the tassels of their garments. They love the place of honor at banquets and the chief seats in the synagogues, and respectful greetings in the market places, and being called Rabbi by men.” The “Phylacteries” refer to two small leather boxes worn by Jewish men containing parchment scrolls with scripture written on them. The Pharisees made larger phylacteries and carried them with them to show off their godliness. More simply put, they carried ‘bigger Bibles’ than other people. Also, when they were fasting, they contorted their faces to let other people know. On the outside, they seemed to be meditating on the word of God, praying, and fasting. But, in their hearts they didn’t have righteousness which is the willingness to follow the right thing.

How is it with you? In any case, I urge you to check whether or not you are keeping the word to appear righteous in the sight of men without even realizing it. Those who practice righteousness before God will have the same deeds regardless of the situations or circumstances. Whether others see you or not, whether you are in a high position or not, or whether it is beneficial or harmful for you at the moment, you just follow what is right according to the word. It’s because you are always conscious of God, and not men. As God’s true children and spiritual workers, you keep the word of God to be recognized by God and not by men. You live by the word of God because you love living in goodness and resembling God. I hope you will cultivate justice in your heart and live a truly righteous life.



Senior Pastor Dr. Jaeroock Lee

Next, mercy refers to love and generosity.

You can keep the law in a way that is pleasing to God only when you have love and generosity in your heart. First, you must have love for God. Jesus lamented that the Pharisees and the scribes did not have such love. In order to keep the law completely, you must also have love for neighbors as well as for God.

In the Gospel of John chapter 8, the scribes and Pharisees brought a woman before Jesus, lodging accusations against her. John 8:4-5 says, “Teacher, this woman has been caught in adultery, in the very act. Now in the Law Moses commanded us to stone such women; what then do You say?” It was a right thing to stone her according to the law of the Old Testament. But in their hearts there was only the cunningness to test Jesus and receive the pronouncement that would condemn her. They did not have any trace of mercy or compassion of God towards sinners.

God wants to save just one more soul. If you have any trace of this love of God, you would have mercy on those souls, too. According to the law, sinners must be put to death. But our God forgave us of our sins by sacrificing His one and only Son, Jesus. He showed us love that goes beyond justice. If we completely cultivate mercy in our hearts, we will keep the law of God, and we will only show goodness to our neighbors.

Lastly, ‘faithfulness’ refers to our faith towards God.

Hebrew 11:6 says, “...and without faith it is impossible to please Him for he who comes to God must believe that He is and that He is a rewarder of those who seek Him.” The Pharisees and scribes thought they believed in God, but they did not truly believe. They kept the commandments, but they only had external service to be recognized by others. Namely, they did not acknowledge God who was searching the depths of their hearts. If they really believed in God from the heart, they would have believed in God, who rewards good deeds, and they would have practiced righteousness with hope.

God allows for better heavenly places to those who

will take hold of them by force. That ‘taking by force’ has the meaning of trying your best to cut off the worldly things, learn the word of God, pray, and look up to this God. It is to believe in God who will reward you when you practice the word. In this way you can then cast away sins and work faithfully with joy. It’s because you know your place is being constructed in a better heavenly place and there are more rewards being stored up. I hope you will keep all the commands of God with faith and joy that tell us to do, not do, keep, or cast away certain things.

Now, I have explained the importance of justice, mercy, and faithfulness, but does that mean that deeds are not important? As Jesus said in the reading passage, we have to do these things, namely we have to cultivate justice, mercy, and faithfulness, without neglecting the others, namely without neglecting the deeds such as giving the tithes. If we cultivate justice, mercy, and faithfulness in our hearts, we will naturally have the deeds of following and keeping the commandments. You can keep on practicing the word of God with your heart even though you have not yet fully cultivated justice, mercy, and faithfulness. God will see your heart and guide you to quickly and fully cultivate justice, mercy, and faithfulness in you. Namely, your faith will increase quickly. On the contrary, you should not mistakenly think that you are living by the word just because you have outward deeds. If that’s the case, your faith might even stop growing.

2. How to Cultivate Justice, Mercy, and Faithfulness

Jeremiah 4:4 says, “Circumcise yourselves to the LORD and remove the foreskins of your heart, Men of Judah and inhabitants of Jerusalem.” Here, to remove the foreskins of heart means that we have to wash away our heart that is stained with sins and evil. In the Old Testament circumcision was physically done to the body. In the New Testament, we do true circumcision, which is not the circumcision of body, but of the heart. It is said in Colossians 2:11, “And in Him you were also circumcised with a circumcision made without hands, in the removal of the body of the flesh by the circumcision of Christ” In the above verse, the removal of the body of the flesh is to cast off filthy flesh from our heart.

We can cultivate justice, mercy, and faithfulness when we fundamentally remove the dirty sins and evil, which is the perishing flesh, by circumcising our heart. Also, we must not stop the circumcision of the heart midway. Unless we circumcise our heart, we cannot learn the word, pray, or work faithfully with all our heart. So, if you circumcise your heart, you can live in overflowing joy every day. Also, because you have cast away dirty things from heart, the fragrance of Christ will be spread around you. (2 Corinthians 2:15)

I hope you will become true children who can be praised that you are beautiful and proper in whatever you do, so that you can give great joy to God.

How to Become a Man of Spirit who Resembles the Lord

After we accept Jesus Christ as our Savior, we have to cast away sin and evil by the help of the Holy Spirit and act according to the truth to become God’s true children. Our faith will increase and we will come to live completely in the truth.

Then, we can be men of spirit who have the heart of the Lord and be loved by God as is written in 1 John 5:18. However, there are some people who have stood on the rock of faith and though they have never wavered they stay at a standstill in faith without any progress. In this situation, they have to discover and get rid of subtle fleshly things of the heart.

They also have to find evil deep in their nature. Now, we will talk about three reasons why people still can’t come into spirit although they are longing for spirit.



Many people think, in their own righteousness or self-framework, that they are doing what is right and what is good. They might think they are doing a good job. For instance, if you focus on increasing your faith but neglect other duties, you might give others difficulty. This can’t be perfectly what is right. Since you think you seek God’s kingdom and righteousness above all else, it’s never easy for you to discover what you do that is not right. Such things stop you from entering into spirit because you just think your deeds are right according to the word of the Lord and you think you are acting with great goodness.

We have many things that are not perfect in the sight of God before we become men of spirit. We disobey God while we think we are obeying Him. We sometimes have

deeds that are not good. We insist on our own opinions. Therefore, listening to the word of God, we have to listen to it thinking ‘this is for me’ and figuring out what we are short of. If you mistakenly think ‘this message is not for me, but for others’, you can’t help but to stay at the same level of faith.

Then, God leads you to the level of spirit by giving you trials so that you can discover yourself. As for Job, outwardly he looked perfect without blemish, but he still had evil in his heart. He couldn’t see his own wrongdoings and faults by himself. So, through trials God let Job find the evil, and even the evil natures, deep in his heart and then God allowed for him to get rid of it. But when we only obey the Word of God, we don’t need such trials.



Deficiencies of the body refer to the state where you lack the basic ability because you haven’t gone through the steps you should’ve gone through in your growth. There are many kinds of deficiencies of the body. There are not just the minor ones, but also the serious ones that cause sins leading to death. If a person has deficiencies of the body, it will result in troubles or uncomfortable situation for him as well as others around him. This is neither virtuous nor gracious.

Many people develop deficiencies of the body because they lack the knowledge or capability to follow the actual process of doing something. Here, ‘lacking the knowledge’ means they haven’t learned something that they should have learned in their growth. They haven’t received proper home education nor learned about duties, manners and etiquette. Likewise, if you lack the knowledge, you act within limits the deficiencies of the body. In such a case you must find what your deficiencies are, try to learn the related knowledge one by one and step by step, and then act according to it. Also ‘lacking the capability to follow actual process of doing something’ refers to the state where you don’t act according to what you’ve learned though you generally know what to do. For instance, you have learned you

should brush your teeth before going to bed, but you still haven’t been doing it. Then, not brushing your teeth before going to bed will become a habit and cause this deficiency to affect accomplishing other things.

There are also other forms of deficiencies of the body in posture, attitude, and ways of talking. And there are also deficiencies of the body that cause you to have difficult times in submitting to others or understanding others. If you have been raised in self-centeredness in the process of growing up, you can’t easily realize that you speak and act only from your own perspective. Such deficiencies of the body sometimes cause you to define personal limits in accomplishing the works for God’s kingdom.

Since you become accustomed to deficiencies of the body as habits established over a long period of time, you don’t recognize them in yourself and changing and correcting them is not very easy. You must not neglect others’ advice but put it in your heart and fill up your deficiencies. Besides, there are also deficiencies created by one’s own nature. Negative thoughts arise from his nature and hinder a person from entering into upper levels of faith. In contrast, there are others whose natures have a positive influence on their growth in faith.



Since we have seen, heard, and learned the Word of God for a long time we may think that we can discern everything in the truth no matter whether it is related to church or personal matters. But such a thought comes from spiritual arrogance, which leads to passing judgment and condemnation.

In another case, someone loves God, the church, and the shepherd and works faithfully for God’s kingdom. But his deeds don’t agree with his knowledge of the Word. He does what he likes to do diligently, but he avoids what

he doesn’t like to do. Such deeds are not from heart of obeying the order, but it stems from arrogance.

To come into spirit, we must be wary of such arrogance as written in Proverbs 18:12. We must not think lightly of arrogance but completely get rid of every form of arrogance. We have to keep church order perfectly. We must not discern things with our own knowledge. We just have to cultivate our hearts with humbleness, service, sacrifice, and consideration for others, and then we can become men of spirit who give out the fragrance of Christ.

The Confession of Faith

1. Manmin Central Church believes that the Bible is God-breathed Word that is perfect and flawless.
2. Manmin Central Church believes in the unity and the work of God the Trinity: God the Holy Father, God the Holy Son, and God the Holy Spirit.
3. Manmin Central Church believes that we are forgiven of our sins only by the redeeming blood of Jesus Christ.
4. Manmin Central Church believes in the resurrection and ascension of Jesus

5. Christ, His Second Advent, the Millennium, and the eternal heaven.
5. Members of Manmin Central Church confess their faith through “The Apostles’ Creed” each time they come together and believe in its content verbatim.
- *[God] Himself gives to all people life and breath and all things.”(Acts 17:25)
- *“And there is salvation in no one else; for there is no other name under heaven that has been given among men by which we must be saved.”(Acts 4:12)

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